



## **After School Club**

### **Gymnastics**

**@ Long Marston Primary**

**Monday**

**11th November - 16th December**

**3:15-4:15**

**£6.00 per session = £36 TOTAL**

#### **Club details:**

- Our Gymnastics club gives an introduction to the basics of gymnastics for beginners.
- We will focus on warm ups, technique, floor work, stretching, performance, confidence building and positivity enhancing.
- Parents are invited to the end of term where our coach will put on a performance.
- Our club is designed to be fun and engaging whilst learning the basics of gymnastics

To book a place for your son/daughter please request a link by emailing:  
[bethany@thelondonballetcompany.co.uk](mailto:bethany@thelondonballetcompany.co.uk)