

Spirituality

at Long Marston
School

At Long Marston School, we use the language of '**ows**', '**wows**' and '**nows**' to talk about spirituality.
Ow: The things that can go wrong; challenging or difficult times we grow or learn from.
Wow: The awe and wonder moments, times you want to breathe in and capture the feeling.
Now: The everyday ordinary times, being present in the moment and appreciating the here and now.

Planned Opportunities for Spiritual Development:

Collective Worship, including Values worship, church visits and Celebration assembly
Class prayers
Discussions in RE, Science, PSHE and other curriculum areas
Class prayer spaces
Yoga
Forest School
PSHE (Jigsaw)
Diversity Week
Wellbeing Week
Support for charities
School Council
Family Groups
Visits and experiences

Spontaneous Opportunities for Spiritual Development:

Awe and wonder in science experiments
Children being kind and supporting each other in difficult moments
Sense of joy and community when worshipping and singing together, in school or in church
Reflection and gratitude following moments of stillness and prayer
Spontaneous class discussions following a child's interests
Moments of appreciation for music or art
Children sharing memories