

Helping your child with their anger

Date

Wednesday 21st January 2026

Time

10:00-11:30 am

Session will be held face to face at Hobbs Hill Wood Primary School (HP3 8ER) and online via Teams

Is your child struggling with challenging behaviour?

Join our **free** parent workshop to learn:

- What drives strong emotions and reactions in children
- Practical ways to support your child during moments of frustration
- Effective strategies for managing anger calmly – for both you and your child



For more details and to book a place, please email:

jnethercoat@hobbshillwood.herts.sch.uk

Please include contact details, name of child's school and whether you would like to attend

online or in person

Tel: 01442 401222 Ext: 5