

Hertfordshire Digital Barclays Girls Football in Schools Newsletter



 **BARCLAYS**
**GIRLS' FOOTBALL
IN SCHOOLS**
 BY ENGLAND FOOTBALL

Volume 2 Issue 2

Primary Schools Edition

Spring 2026

Welcome to the spring edition of our Hertfordshire Barclays Girls Football In Schools Newsletter.

Keep up to date with all things girls football by logging onto www.girlsfootballinschools.org. If you have not used the site in a while, you may need to re-register.

Please see enclosed for all the exciting opportunities available to your school.

Send through any updates about what you are doing in school to c.mccawley@longdean.herts.sch.uk—The newsletter will be sent out termly.

I hope you enjoy reading all of our activities from this term.
Happy Easter.





MADE FOR THIS GAME: BREAKING BARRIERS

Bring the conversation into your classroom. Change the game for girls.

Made for this Game: Breaking Barriers is designed to help schools tackle the barriers that girls face in football, sport and across school life. By opening up honest conversations with pupils, teachers can play a vital role in creating environments where every girl feels confident, included and ready to take part.

What insight tells us

Research shows that many girls still face challenges when it comes to sport and physical activity:

- 71% of girls feel excluded by boys when playing football in primary school
 - 63% of girls disengage from sport in secondary school due to low body confidence
- These barriers affect participation, confidence and belonging. But schools have the power to change that.

Free resources for your classroom

Access our FREE primary and secondary teaching resources to bring these barriers to life in your classroom:

- Teacher Guidance
- Assembly PPTs
- Worksheets



Primary Resources

Bring the conversation of misogyny and gender perceptions to your classroom, with our free resources and teacher vodcast

[RESOURCES](#)





YOUTH
SPORT
TRUST



Barclays Girls' Football in Schools Equal Access Survey 2025-26

Welcome to the Barclays Girls' Football in Schools Equal Access Survey.

The Football Association, supported by Barclays and in partnership with the Youth Sport Trust, have a vision to deliver equal opportunities for women and girls to play football. The survey will ask you about your school's curricular and extra-curricular girls' football offer. This year the survey also has a new question asking about your football provision for young people with special educational needs and disabilities (SEND).

This is the opportunity for your school to give us an insight into the footballing opportunities you provide. Please answer the questions to the best of your knowledge, for this academic year. **There are no right or wrong answers, we simply want to understand the current landscape.**

Equal Access Unique Links will be sent to all schools after the Easter holidays.

Deadline to complete the survey in order to be entered into the prize draw to win 10 footballs for your school is 22nd May 2026.

A reminder—Primary schools should all be achieving equal access in the curriculum if PE lessons are delivered as a class.

Single Sex Schools should be completing the survey based on the answer 'Girls Only', or 'More for Girls'



Primary

Visit the girlsfootballinschools.org website to download a wealth of resources to use in lessons, and to sign up to any teachers CPD session on offer from the FA.



Primary Curriculum Resources

England Football have created a variety of resources to support and enhance the delivery of high-quality PE in the curriculum. These on-demand resources are available to view and use straight away in your schools.

[FIND OUT MORE](#)

Teacher CPD

England Football are providing a range of funded continued professional development (CPD) opportunities and courses, suitable for teachers, trainee teachers and those involved in delivering physical education as part of a curriculum.

[FIND OUT MORE](#)





Check out the [girlsfootballinschools.org](https://www.girlsfootballinschools.org) website for more information on activities you can use in extra curricular clubs—download the pack today—or have a look at the competitive opportunities available through School Games, and through the FA

NEW PROGRAMME!

PlayHers

PlayHers is a new inclusive football programme, powered by England Football and the Premier League, designed to help 7-11 year-olds grow in confidence, build essential life skills and enjoy the game, no matter their experience or ability. PlayHers uses the power of football to support girls to develop self-belief, resilience, teamwork and social skills, and take pride in what they are able to achieve both on and off the pitch.



[FIND OUT MORE](#)

Why bring PlayHers to your school?

- Encourages confidence, self-belief and resilience
- Builds teamwork, cooperation and communication
- Introduces and develops football skills in a fun, supportive way
- Creates a sense of belonging and inclusion
- This extra-curricular programme is simple to deliver
- No prior football experience or specialist kit needed

What's Involved?

Girls will...

- Try a range of fun football activities and games
- Learn and practice new football skills at their own pace
- Work together and support each other
- Experience personal growth and achievement
- Enjoy being active in a safe and welcoming environment



Date: 21st April 2026
Time: 11.00 – 12.00pm

[REGISTER](#)



Date: 11th May 2026
Time: 11.00 – 12.00pm

[REGISTER](#)



18th May 2026
Time: 3.30 – 4.30pm

[REGISTER](#)

BGFIS Extra Curricular



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Access fully funded training and resources here

Bring the magic of Disney, develop physical literacy skills and establish the enjoyment of being active to girls at your school now. Complete the training at a time and speed that suits you (approx. 2 hours).

[GET STARTED](#)



Ages 5 -8 Active Play Through Storytelling

Find FA funded resources here to immerse your girls in adventures based on Frozen 2, Incredibles 2, The Lion King and Toy story 4. Develop fundamental movement skills, physical literacy, confidence and enjoyment by bringing these Disney stories to life.

[RESOURCES](#)

Girls' Football Club

When your girls are more ready to have a football at their feet, use adventures based on Guardian's of the Galaxy, Marvel Avengers, The Lion King and Toy Story 4 to develop their problem solving, decision making, leadership and confidence. Resources here are for both Ks1 & Ks2.

[RESOURCES](#)



BGFIS INCLUSION



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SEND DISNEY INSPIRED SHOOTING STARS



SEND DISNEY INSPIRED SHOOTING STARS

Bring Marvel magic to your extra-curricular activities with exciting, adaptable missions that inspire pupils to get active and have fun.

SEND Disney inspired Shooting Stars is an inclusive, extra-curricular programme designed to motivate primary school pupils with special educational needs and disabilities (SEND) to develop their physical literacy. Created by The FA, it integrates movement with storytelling to enhance agility, balance and coordination, while fostering confidence and positive self-image.

School staff benefit from fully funded virtual training and all the resources needed to deliver the programme, including mission cards and emoji cards.

Uncover your pupils' inner superheroes – bring SEND Disney inspired Shooting Stars to your school!

“

This training is a very unique way to get children active, using their imagination and socialising, without them realising. This then may help them to develop their social and physical skills within other lessons.

-Teacher

”

“

I felt attending the training was very beneficial as it explained in detail each aspect of the resources, when we could use the sessions and who for. It allowed me to feel I could deliver the session tomorrow with confidence.

-Teacher

”

“

SEND needs are specific and the explanation behind resources and how to use them, and also how to use storytelling to inspire and engage the students, was perfect.

-Teacher

”

FUN!



Funded by
 Premier League

 ENGLAND
FOOTBALL



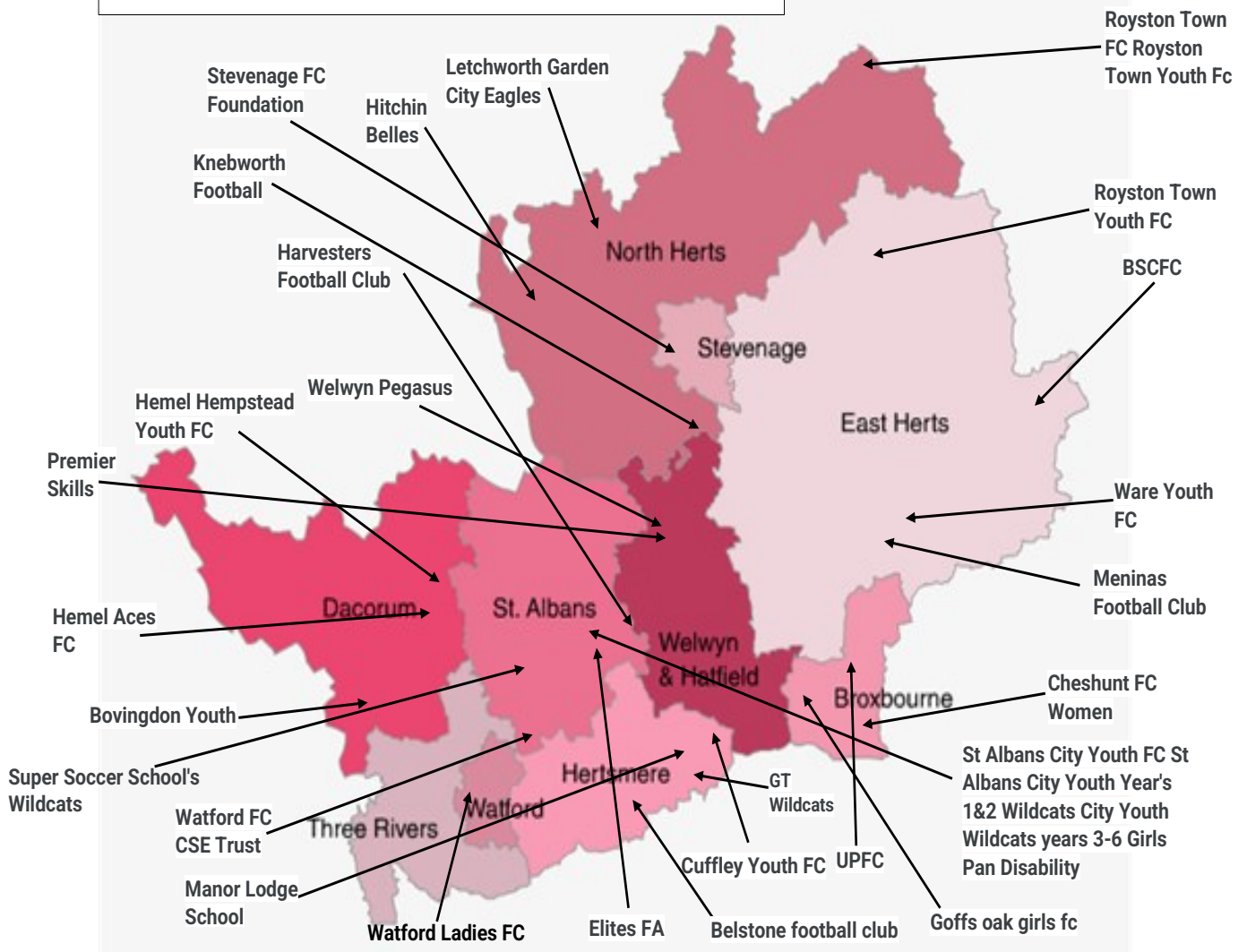
Weetabix Wildcats Locations



Are you looking for a fun way for girls 5-11 to get involved with football? Then look no further! Weetabix Wildcats is the place to be, everyone is super awesome; from the friends you'll meet to The FA qualified coaches and volunteers who deliver the sessions.

So, what is Weetabix Wildcats? Well, it's non-competitive football for girls who want to give it a go for the very first time or want to play with other girls their own age. Most importantly, Weetabix Wildcats is all about having loads of fun and meeting new amazing friends.

Weetabix Wildcats locations across Hertfordshire





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Find out more about what's going on in your community by visiting the Pathways Page on your [girlsfootballinschools](https://www.girlsfootballinschools.org) website.



Community

Find out more about community links including County Football Associations, Wildcats Girls' Football, England Football Accredited Clubs and Disability Football.

[FIND OUT MORE](#)



Check out these pages on your girls football in schools website
The next Lioness could be at your school!!!



Talent

Have you got a young talented footballer in your school?
Find out the routes available to support them into the England Women's Talent Pathway.

[FIND OUT MORE](#)



PLAY ON FROM PLAYGROUND TO PITCH

The England Football Play On initiative encourages the movement of girls from school to community football by supporting clubs in delivering taster sessions for girls at their local school to recruit players.



HOW CAN YOU HELP CLUBS AND SCHOOLS IN THE DELIVERY OF PLAY ON?

- You can help by identifying schools which you know might be interested in Play On.
- Help to identify the relevant school contact so that the club has a point of contact to liaise with.
- By working with the County FA, can you help to broker the relationship between the club and the school?
- Are there schools in your area that are new to girls football in school, and would benefit from engaging in the Play On initiative?

**FIND OUT MORE
 ABOUT THE PLAY ON
 INITIATIVE HERE!**



PLAY ON SIGN UP PROCESS FOR CLUBS AND SCHOOLS:

FINDING A PARTNER SCHOOL

Clubs are interested in delivering sessions in their local primary or secondary school.

ESTABLISHING THE RELATIONSHIP

The club speaks with the school, obtains the appropriate contact and agrees a start date.

SIGNING UP

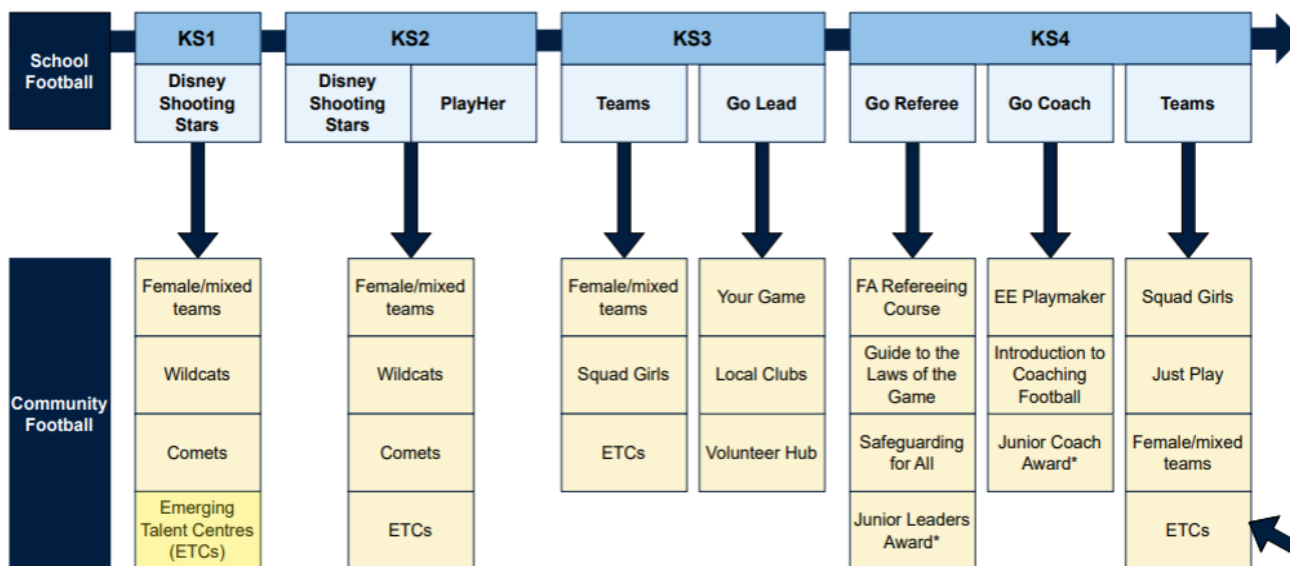
The club completes the first section of the Sign Up Form, which automatically sends to the school contact for completion.

DELIVERING PLAY ON

The club receives the equipment pack and starts delivery on the school site for the agreed number of weeks, with a teacher present.

PLAY ON: SUCCESS

The club and school inform the girls about the club opportunities and the girls attend the club site for sessions. The aim is that the girls join the club!



Click on the boxes to learn more about the opportunities!

Play On is an FA initiative to support the transition of girls from school to community football. Find out more information here: <https://www.EnglandFootball.com/participate/leagues-and-clubs/Female-Football-at-Your-Club/Play-On/>

Interested in Play On or have any questions? Please reach out to contactus@hertfordshirefa.com

*These are opportunities for all genders.



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Herts Sports & Physical Activity Partnership offer a broad range of opportunities to support both young people and coaches. Please see below for details of opportunities, or visit [Herts Sport & Physical Activity Partnership](https://www.herts.gov.uk/sport-physical-activity-partnership)

Children & Young People

Our mission is to encourage healthy lifestyles for young people of all ages by enabling them to fulfil their potential through providing safe sport and physical activity which engages and inspires.

Get Active

- ▶ Book HAPpy Camps
- ▶ About HAPpy Camps
- ▶ Activity Finder
- ▶ Disability
- ▶ Mental Health
- ▶ Early Years
- ▶ Children & Young People
- ▶ Adults
- ▶ Older Adults

Get in touch...

If you have a question about our Children's page, please email: 1eq@herts-smash@herts.co.uk

Early Years
 Activities and resources for staff working in Early Years settings.
[FIND OUT MORE](#)

Children
 Activities, resources and courses for people working with children.
[FIND OUT MORE](#)

Young People
 Activities, resources and courses for people working with Young People.
[FIND OUT MORE](#)



Hertfordshire Primary Schools' Sport and PE Conference 2026

9:00am - 15:30pm

Friday 9th January 2026

University of Hertfordshire, De Havilland Campus, AL10 9EU

[Hertfordshire Primary Schools' Sport & PE Conference 2025](#)



No Limits
 2026

Hertfordshire's Year of Disability Sport & Physical Activity

