


REBEL THERAPIES – SCREEN ADDICTION TALK


 Calling all Parents, Caregivers, Teachers and anyone else interested in the impacts of screen addiction! Join us for an interactive training session with North Finchley based author and screen addiction expert, Munur Shah, as he shares his powerful insights on screen addiction – a growing concern for parents and communities alike.

 **Date:** 23 April 2026

 **Time:** 6:30pm – 8:00pm

 **Location:** The Desborough Hall, Tring School,

Please reserve your place by completing [this form](#).

After surviving 9/11 and shifting his career to become a coach and NLP Master Practitioner, Munur has dedicated years to researching the impact of screens and their addictive nature. His mission is to empower parents to help their children regain control, nurture stronger relationships, and lead healthier lives. Copies of Munur's book are available via his website www.RebelTherapies.com - [Screen Addict Book](#) or at Amazon.co.uk <https://amzn.eu/d/5JPuMxi> .

