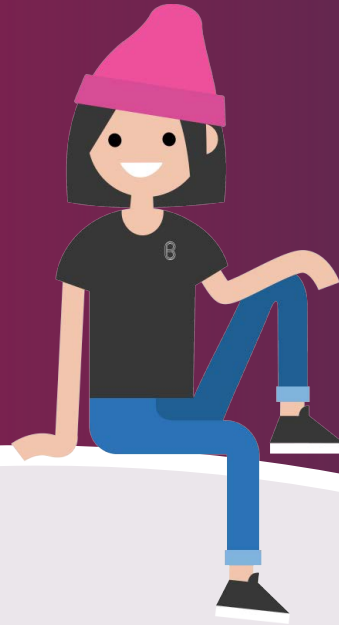




Navigating Transitions



A four-session online course for parents Fully funded by DSPL8 for parents in Dacorum

Children and young people will face many transitions throughout their lives. Change and uncertainty is something we can help children learn to navigate.

How do we support children to deal well with times of change?

Whether the move is from primary to secondary, to a new school or setting, or to a new teacher or class. It can be an anxious time for parents.

Join Bounce Forward for a series of four 60-minute sessions to explore how to support children and young people to face transitions with mental resilience and receive downloadable activities to use at home to encourage a growth mindset.

Starting 4th June at 7PM

Find out more →

Knowing how best to manage your own emotions, worries and actions is vital for supporting children in the best way possible.