Ready to turn over a NEW leaf?

Beezee by maximus

Sign up to one of our FREE healthy lifestyle services today to start your journey.

Beezee FAMILIES

- Free, fun, family-focused support
- Learn about healthy eating
- Get moving more
- Connect with other families.

Beezee YOUTH

- 13-17 year olds can talk about topics that matter to them
- Build confidence
- Get expert support
- Join a safe space.

We be-leaf in you!

Hertfordshire

Our team are here to support you and your family make healthy changes that last for GOOD. We'll learn about healthy eating, moving more, and have fun while doing so!



Ready to get started?

Start your health journey today

hrt.maximusuk.co.uk

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25-4985