

TALKING FAMILIES



Tuesdays 9.45-11.15am Online Course: ID 703
7th January - 11th February 2025

Tuesdays 8.00 - 9.30pm Online Course: ID 704
7th January - 11th February 2025

Tuesdays 8.00 - 9.30pm Online Course: ID 702
25th February - 1st April 2025

6, weekly sessions for parents and carers of children under 12, sharing tips on how to:

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**
- **Develop a strong parent/child relationship now and for the future**

Our online support sessions are delivered weekly via Zoom.

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'Every parent should do this course! It has taught me so much about how to deal with family life.'

Booking essential

**Please quote the course ID
To check eligibility and book a place,
contact Supporting Links on:**

07512 709556



These courses are provided free to participants by Hertfordshire County Council's Targeted Parenting Fund



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www.supportinglinks.co.uk